ACKNOWLEDGEMENTS

The staff of the Wyoming OSHA Consultation Program compiled this material.

NOTE: This sample plan is provided only as a guide to assist in complying with Wyoming OSHA's General Rules and Regulations. It is not intended to supersede the requirements detailed in the standards. Employers should review the standard for particular requirements, which are applicable to their specific situation. Employers will need to add information relevant to their particular facility in order to develop an effective program. Employers should note that certain programs are to be reviewed annually and updated when necessary.

This material and Safety and Health Consultation Services are provided free of charge to owners, proprietors, and managers of small businesses, by the Wyoming Department of Workforce Services, OSHA Division, a program funded largely by the Occupational Safety and Health Administration (OSHA), an agency of the U.S. Department of Labor.

The information contained in this document is not considered a substitute for any provision of the standard.

UPDATED: March 2020
BLOODBORNE PATHOGENS
EXPOSURE CONTROL PLAN

Facility Name: ________________________________

Date of Preparation: _________________________

In accordance with the OSHA Bloodborne Pathogens Standard, 1910.1030, the following exposure control plan has been developed:

A. Purpose

The Bloodborne Pathogens Exposure Program is to reduce occupational exposure to bloodborne pathogens.

B. Exposure Determination

Designated employees that may come into contact with human blood or other potentially infectious materials (OPIM): (list job classifications)

1. ________________
2. ________________
3. ________________
4. ________________

C. Methods of Compliance

Universal Precautions will be utilized in the handling of all human blood and OPIM’s.

D. Engineering Controls

1. Hand sinks are located in all departments and are readily accessible to all employees who have the potential for exposure.

2. Employees will wash their hands and any other exposed skin with soap and hot water immediately or as soon as possible after contact with blood or OPIM, for 15 seconds, in a manner causing friction on both inner and outer surfaces of the hands.

3. Employees will be provided with antiseptic hand cleaner and paper towels when hand washing is not feasible. However, hand washing must still take place as soon as possible after exposure.
4. Eating, drinking, smoking, applying cosmetics or lip balm and handling contact lenses is prohibited in work areas where there is the potential for exposure to bloodborne pathogens.

5. If professional medical attention is required, a local ambulance will be the first choice; a personal car will be the second. If a personal car is taken, impervious material should be used to prevent contamination of the vehicle.

6. New employees or employee being transferred to other sections will receive training about any potential exposure from the section manager.

E. Personal Protective Equipment

All personal protective equipment used at this facility will be provided without cost to employees. Personal protective equipment will be chosen based on the anticipated exposure to blood or OPIM. The protective equipment will be considered appropriate only if it does not permit blood or OPIM to pass through or reach the employees' clothing, skin, eyes, mouth, or other mucous membranes under normal conditions of use.

F. Disposal of Contaminated Items and Communication of Hazard

1. Employees must:
   a. use bleach to disinfect any blood or OPIM.
   b. apply the bleach with single-use gloves and allow to sit for 15 minutes.
   c. place any single-use gloves that have been contaminated in a biohazard garbage bag and cover.
   d. dispose of the bag (list how).

2. Regulated waste should be placed in appropriate containers, label and dispose of in accordance with applicable state, federal and local laws.

3. Employees will be warned of biohazard bags by labels attached to the disposal bags. Labels used will be orange-red and marked with the work **BIOHAZARD** or the biohazard symbol.

G. Housekeeping

Maintaining our work areas in a clean and sanitary condition is an important part of (insert company name) Bloodborne Pathogens Compliance Program. Employees must decontaminate working surfaces and equipment with an appropriate disinfectant after completing procedures involving blood or OPIM. All equipment,
environmental surfaces and work surfaces shall be decontaminated immediately or as soon as feasible after contamination.

1. Employees must clean and disinfect when surfaces become contaminated and after any spill of blood or OPIM.

2. Employees will use a solution of one part bleach to ten parts water for cleaning and disinfecting.

3. Working surfaces and equipment will be cleaned, disinfected and maintain.

4. Potentially contaminated broken glass will be picked up using mechanical means, such as dustpan and brush, tongs, etc.

5. (Insert company name) use universal precautions for handling of all soiled laundry.

6. Laundry contaminated with blood or OPIM will be handled as little as possible. Employees who handle contaminated laundry will utilize personal protective equipment to prevent contact with blood or OPIM from coming into contact skin or street clothes.

7. Contaminated clothing will remain on the premises, or will be sent directly to a laundry facility for cleaning. Employees will be given the option of reimbursement for the cost of contaminated clothing and the clothing will be disposed.

H. Hepatitis B Vaccination and Post-Exposure Evaluation and Follow-Up

(Insert company name) shall make available within 10 days of possible exposure the Hepatitis B vaccine and vaccination series to all employees who have occupational exposure.

An exposure incident is any contact of blood or OPIM's with non-intact skin or mucous membranes. Any employee having an exposure incident shall contact ____________ (insert position). All employees who have an exposure incident will be offered a confidential post-exposure evaluation and follow-up in accordance with the OSHA standard. This includes a visit to a physician selected by the employer. The health care professional written opinion will be provided to the employee within 15 days of the evaluation.

I. Training

Training is provided at the time of initial assignment to tasks where occupational exposure may occur, and that it shall be repeated within twelve months of the previous training. Training shall be tailored to the education and language level of the employee, and offered during the normal work shift. The training will be
interactive and cover the following:

a. a copy of the standard and an explanation of its contents;

b. a discussion of the epidemiology and symptoms of bloodborne diseases;

c. an explanation of the modes of transmission of bloodborne pathogens;

d. an explanation of the __________________ (insert company name) Bloodborne Pathogen Exposure Control Plan (this program), and a method for obtaining a copy;

e. the recognition of tasks that may involve exposure;

f. an explanation of the use and limitations of methods to reduce exposure, for example engineering controls, work practices and personal protective equipment;

g. information on the types, use, location, removal, handling, decontamination, and disposal of PPE;

h. explanation of the basis of selections of PPE;

i. information on the Hepatitis B vaccination, including efficacy, safety, method of administration, benefits, and that it will be offered free of charge.

j. information on the appropriate actions to take and persons to contact in an emergency involving blood or OPIM;

k. explanation of the procedures to follow if an exposure incident occurs, including the method or reporting and medical follow-up;

l. information on the evaluation and follow-up required after an employee exposure incident;

m. an explanation of the signs, labels, and color-coding systems.

The person conducting the training shall be knowledgeable in the subject matter.

J. Recordkeeping

Medical records shall be maintained in accordance with OSHA Standards. These records shall be kept confidential, and must be maintained for at least the duration of employment plus 30 years.