Workers' Compensation Checklist for Carpal Tunnel/Nerve Impingement

Claimant:            Claim Number:

Screening by:            Date:

Male ☐ Female ☐ Age:

1. Occupations Associated with Carpal Tunnel/Nerve Impingement:

Should be on the job for more than 4 weeks with no previous history of carpal tunnel

Carpentry ☐ Meat packers and workers ☐
Oil field workers ☐ Dental workers ☐
Grocery clerks ☐ Musicians ☐
Use of vibrating equipment ☐ Mechanic ☐
Activities with forceful and excessive flexion and extension of wrists ☐
Activities that require power gripping and forceful holding and use of the hands especially in awkward positions such as welding or electronics ☐

2. Presence of Associated Conditions:

Obesity ☐ Diabetes ☐
Estrogen OCP* ☐ Pregnancy/Lactation ☐
Previous wrist fractures or injury ☐ Wrist tumors, ganglion ☐
Hypothyroid ☐ Renal failure ☐
Dialysis ☐ Neck symptoms ☐
Previous upper extremity injury or overuse syndrome ☐ Breast Reduction ☐
Previous WC claim in litigation ☐

* Oral contraceptives, birth control pills, all female hormones

3. Electrical Studies Consistent with Median Nerve Compression

Normal ☐ Abnormal ☐
Tinel's positive or negative Phalen's positive or negative

The presence of a positive history in item Section 1 and/or 3 is adequate for the diagnosis of carpal tunnel associated with good physician documentation. Yes ☐ No ☐

The presence of anything in Section 2 may be a reason to consult with nurse case management.

4. Review of Hobbies/Crafts/Other Activities: